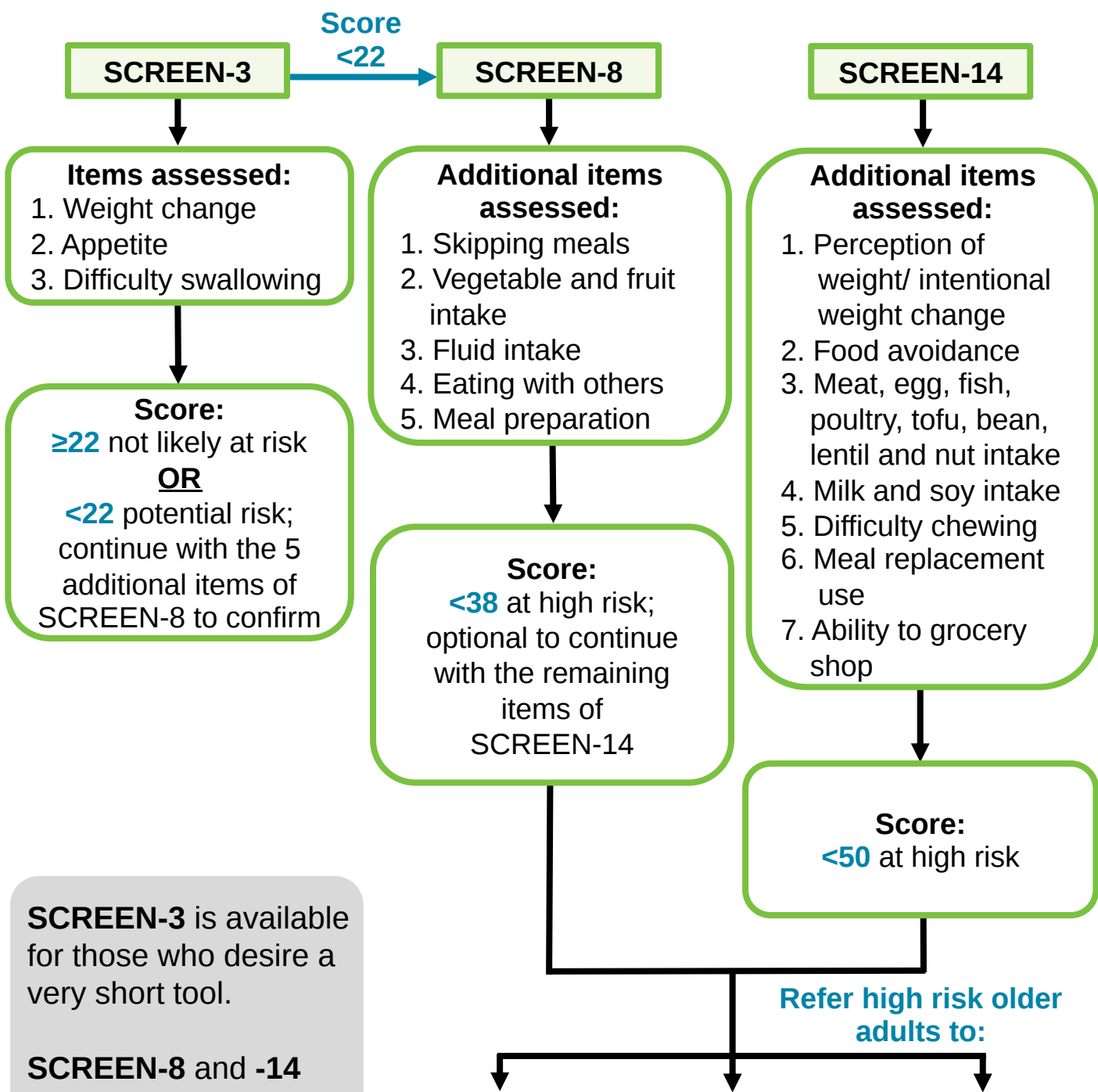


Getting Started with SCREENing

Your Guide to Using SCREEN®



Seniors in the Community: Risk Evaluation for Eating and Nutrition® (SCREEN) is an upstream nutrition screening tool for older adults (aged ≥65 years). The following document outlines the recommended method for using the 3 different versions of SCREEN II in the community.



SCREEN-3 is available for those who desire a very short tool.

SCREEN-8 and **-14** have similar validity in identifying people at risk and can be used with confidence. The **14-item** version may be relevant to identify further areas for improvement or intervention.

Refer high risk older adults to:

Professionals	Services	Resources
<ul style="list-style-type: none"> • RD • MD • NP or RN • SW • Pharm • OT • PT • SLP 	<ul style="list-style-type: none"> • Meal program • Assisted shopping and cooking • Congregate dining • Transportation • Financial assistance 	<ul style="list-style-type: none"> • <i>A Guide to Healthy Eating for Older Adults</i> • Healthy diet factsheets